



Menu Cycle 2

| | Saturday 7-Sep | Sunday 8-Sep | Monday 9-Sep | Tuesday 10-Sep | Wednesday 11-Sep | Thursday 12-Sep | Friday 13-Sep |
|------------------|---|---|---|---|---|--|--|
| BREAKFAST | <u>Continental</u> | <u>Continental</u> | Fresh Fruit & Yogurt Bar Assorted Cereals | Fresh Fruit & Yogurt Bar Assorted Cereals | Fresh Fruit & Yogurt Bar Assorted Cereals | Fresh Fruit & Yogurt Bar Assorted Cereals | Fresh Fruit & Yogurt Bar Assorted Cereals |
| | Fresh Fruit & Yogurt Bar Assorted Cereals Toast / Bagel Station | Fresh Fruit & Yogurt Bar Assorted Cereals Toast / Bagel Station | Whole Grain Waffles Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links Toast / Bagel Station | OE Eggs Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links Toast / Bagel Station | French Toast Stix Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links Toast / Bagel Station | OE Eggs Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links Toast / Bagel Station | Buttermilk Pancakes Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links Toast / Bagel Station |
| LUNCH | <u>Brunch</u> | <u>Brunch</u> | Featured Soup (s) | Featured Soup (s) | Featured Soup (s) | Featured Soup (s) | Featured Soup (s) |
| | Fruit Fruit & Yogurt Bar Assorted Cereals Toast / Bagel Station French Toast Stix Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links | Fruit Fruit & Yogurt Bar Assorted Cereals Toast / Bagel Station Chocolate Chip Pancakes Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links | Build ur Own Meatball Hoagie Cheese Ravioli Marinara on Side Steamed Asparagus Butternut Squash Lemon Garlic Gigante Beans 3 Grain Brown Rice Featured Dessert | Curried Chicken Breast w/ Mango Chutney Baby Kale & Cheddar Quiche Steamed Broccoli Roasted Root Vegetables Garbanzo Dal 3 Grain Brown Rice Fresh Fruit Bowl | Three Cheese Pizza & Pepperoni Pizza Gemelli Pasta with Sauce Marinara on Side Mixed Squash with Peppers (1/2 L Pn) Steamed Peas (1/2 L Pn) Tuscan White Beans 3 Grain Brown Rice Featured Dessert | BBQ Pork Ribs Cajun Potato Wedges(120 ct) Steamed Kale Glazed Carrots BBQ Black Beans 3 Grain Brown Rice Sliced Watermelon | Chicken Pot Pie with Buttermilk Biscuits Garlic Chive Egg Noodles Steamed Green Beans Hush Puppies (1/2 L) 4 way Mixed Veg (1/2 L) (Peas, Corn, Carrot & Red Pepper) Creole Red Beans 3 Grain Brown Rice Featured Dessert |
| DINNER | House Tossed Salad Featured Bread | House Tossed Salad Featured Bread | House Tossed Salad Featured Bread | House Tossed Salad Featured Bread | House Tossed Salad Featured Bread | House Tossed Salad Featured Bread | House Tossed Salad Featured Bread |
| | Steak Night - 7 oz Striploin Crisp Potato Wedges (120 ct) Steamed Broccoli Oven Roasted Carrots Featured Bean 3 Grain Brown Rice | Grilled Chicken Breast w/ Creamed Mushroom Sauce Wild Rice Pilaf Steamed Green Beans Corn w/ Tomato Featured Bean 3 Grain Brown Rice | Rosemary Garlic Porkloin w/ Charcuterie Sauce Potatoes Lyonnaise Glazed Carrots Steamed Kale Lemon Garlic Gigante Beans 3 Grain Brown Rice | Homestyle Meatloaf with Country Gravy Brown Sugar Sweet Potatoes Steamed Corn Roast Tomatoes w/ Kale Featured Bean 3 Grain Brown Rice | Sliced Turkey w/ Pan Gravy & Fresh Cranberry Sauce Mashed Potatoes Lemon Pepper Cauliflower Steamed Asparagus Tuscan White Beans 3 Grain Brown Rice | Rustic Country Beef Stew Steamed White Rice Butternut Squash Sugar Snap Peas w/ Carrot BBQ Black Beans 3 Grain Brown Rice | Hamburgers, Hot Dogs Black Bean Veggie Burger French Fries Corn on the Cob Steamed Broccoli Creole Red Beans 3 Grain Brown Rice |