



Menu Cycle 1

	Saturday 16-Mar	Sunday 17-Mar	Monday 18-Mar	Tuesday 19-Mar	Wednesday 20-Mar	Thursday 21-Mar	Friday 22-Mar
BREAKFAST	<u>Continental</u>	<u>Continental</u>	Fresh Fruit & Yogurt Bar Assorted Cereals	Fresh Fruit & Yogurt Bar Assorted Cereals	Fresh Fruit & Yogurt Bar Assorted Cereals	Fresh Fruit & Yogurt Bar Assorted Cereals	Fresh Fruit & Yogurt Bar Assorted Cereals
	Fresh Fruit & Yogurt Bar Assorted Cereals Toast / Bagel Station	Fresh Fruit & Yogurt Bar Assorted Cereals Toast / Bagel Station	OE Eggs Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links Toast / Bagel Station	French Toast Sticks Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links Toast / Bagel Station	OE Eggs Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links Toast / Bagel Station	Belgian Waffles Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links Toast / Bagel Station	OE Eggs Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links Toast / Bagel Station
LUNCH	<u>Brunch</u>	<u>Brunch</u>	Featured Soup (s)	Featured Soup (s)	Tomato Soup	Featured Soup (s)	Featured Soup (s)
	Fruit Fruit & Yogurt Bar Assorted Cereals Toast / Bagel Station French Toast Stix Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links	Fruit Fruit & Yogurt Bar Assorted Cereals Toast / Bagel Station Buttermilk Pancakes Scrambled Eggs Breakfast Potatoes Bacon / Sausage Links	BBQ Cheddar Chicken Fritter Sandwich w/ Crispy Onions (Lettuce & Tomato on side) Ranch House Potatoes Steamed Broccoli Buttered Corn Black Bean Rancheros 3 Grain Brown Rice Featured Dessert	Chicken Stir-Fry Vegetable Potstickers Vegetable Egg Roll (1/2 L Pn) Steamed Peas w/ Carrots (1/2 L Pn) Sesame Ginger Bok Choy Jasmine Rice Fresh Fruit Bowl	Grilled Cheese Sandwich French Fries BBQ Roasted Cauliflower Steamed Asparagus Picante Red Beans 3 Grain Brown Rice Featured Dessert	Oven Baked Kielbasa w/ Peppers & Onions Potato Cheddar Pierogies w/ Lemon Caper Brown Butter Steamed Broccoli Brown Sugar Butternut BBQ Pinto Beans 3 Grain Brown Rice Sliced Watermelon	Baked Potato Bar Taco Crusted Tilapia w/ Picante Salsa Blended Wild Rice Pilaf Buttered Corn Steamed Kale Baked Beans 3 Grain Brown Rice Featured Dessert
DINNER	House Tossed Salad Featured Bread	House Tossed Salad Featured Bread	House Tossed Salad Featured Bread	House Tossed Salad Featured Bread	Caesar Salad Featured Bread	House Tossed Salad Featured Bread	House Tossed Salad Featured Bread
	Beef & Chicken Meatballs Cheese Ravioli, Marinara on Side Steamed Kale Roasted Mixed Squash w/ Peppers Featured Bean 3 Grain Brown Rice	Homestyle Meatloaf with Country Gravy Mashed Potatoes Peas & Corn w/ Carrot Steamed Asparagus Featured Bean 3 Grain Brown Rice	Sliced Beef Striploin Au Jus Rissolle Potatoes Glazed Carrots Steamed Kale Black Bean Rancheros 3 Grain Brown Rice	BBQ Pork Ribs Maple Roast Sweet Potatoes Hush Puppies (1/2 L) Corn on the Cob (1/2 L) Steamed Broccolini BBQ Pinto Beans 3 Grain Brown Rice	Chicken Parmesan Spaghetti w/ Marinara on Side Green Beans w/ Carrot Roasted Mixed Squash Picante Red Beans 3 Grain Brown Rice	Oven Fried Honey Chicken Macaroni n Cheese Steamed Peas w/ Carrot Rotisserie Cauliflower BBQ Pinto Beans 3 Grain Brown Rice	Turkey Schnitzel w/ Lemon Butter & Capers Garlic Herb Egg Noodles Featured Vegetable Featured Vegetable Baked Beans 3 Grain Brown Rice